

MINERALS GO DOWN, DISEASE GOES UP

Changes in the Rates of Selected Reported Chronic Diseases, 1980-1994 (per 100,000 member of the US Population)

Mineral	1980	1994	%Increase	Minerals Deficiencies Associates with Disease
Heart Conditions	75.40	89.47	18.67	Chromium, Copper, Magnesium, Potassium, Selenium
Chronic Bronchitis	36.10	56.30	55.98	Copper, Iodine, Iron, Magnesium, Selenium, Zinc
Asthma	31.20	58.48	87.44	Magnesium
Tinnitus	22.60	28.24	24.98	Calcium, Magnesium, Zinc
Bone Deformities	84.90	124.70	46.96	Calcium, Copper, Fluoride, Manesium